



YOUR BENEFIT NEWS

Winnipeg Association of Non-Teaching Employees (WANTE) - Retirees
SEPTEMBER 2022

The Manitoba Public School Employees benefit plan supports the health and wellbeing of you and your loved ones. Your benefits are reviewed annually to ensure they continue to provide value at a competitive cost. This newsletter explains what's changing and what the changes mean for you. Visit www.mpsebp.ca for further details about your insurance coverage.

New for 2023

Enhanced coverage for CPAP equipment and insulin pumps

Effective January 1, 2023:

- **CPAP equipment** will have a \$1,000 maximum per person every five years,
and
- **Insulin pumps** will have a \$1,000 maximum per person every five years.



Health rates

Good news! The current monthly Health rates are not changing in the coming plan year. They will remain as follows:

Single:	\$63.00
Family:	\$126.00



Have you submitted your email address yet? It helps us keep you informed about your benefits plan.

A big **thank you** if you have already shared your email address with us. This will help ensure you receive timely communication and no further action is required from you. **(You do not need to send your email address to us again if you have already done so.)**

However, this is a reminder to those who have not yet submitted their email address. It is important for us to have your email on file so that we can send you information in a timely manner.

**Here's how to send us your email address
(only if you have not done so previously):**

Step 1: Visit www.mpsebp.ca, click on **Retirees**

Step 2: Follow the instructions to provide your email address

If you have questions, please contact Glen Anderson (MPSE Benefits Trust) at ganderson@mbteach.org or 204-831-3052.



Don't have access to email?

Please send a letter to the following address, confirming that you do not have access to email, in order to continue to receive your benefits information via mail:

Mallory Flynn, Mercer
One Lombard Place, Suite 1410
Winnipeg, Manitoba, R3B 0X5

Online Benefit Resources

Manitoba Public School Employees (MPSE) Benefit Plans Website

This website is a useful resource for all plan members. On it you will find:

- ▶ Coverage summaries, maximums applicable to paramedical coverage (reasonable and customary charges), newsletters, retiree information
- ▶ Links to the **Blue Cross Plan Member Site** and the **Express Scripts Canada Pharmacy®** website (*details below*)

www.mpsebp.ca

Access your Health plan booklet

Blue Cross Plan Member Site

- ▶ View remaining coverage amounts, submit claims online, set up direct deposit reimbursement, access your ID card

www.mb.bluecross.ca

Manage your coverage on the go with the **mybluecross® mobile app**

Express Scripts Canada (ESC) Pharmacy®

- ▶ Enroll in home delivery of maintenance drugs for chronic conditions
- ▶ Receive 10% additional reimbursement* when you use this service for eligible prescriptions

<https://pharmacy.express-scripts.ca/manitoba-public-school-employees>

Manage maintenance drug prescriptions; schedule automatic refills

*The additional 10% reimbursement also applies if you fill your eligible prescriptions at Costco. You do not have to be a Costco member to have your prescriptions filled at that pharmacy.