



YOUR BENEFIT NEWS

Winnipeg Association of Non-Teaching Employees (WANTE) - Retirees
SEPTEMBER 2021

We are pleased to remind you that your health insurance plan is there to support the health and wellbeing of you and your loved ones. Each year, your benefits are reviewed to ensure they continue to provide value at a competitive cost.

This newsletter explains what's changing and what it means for you.

NEW FOR 2022: GLUCOSE MONITORING

Effective January 1, 2022, Health plan coverage will be expanded to cover two types of glucose monitoring systems.

- **Flash Glucose Monitoring:** The plan will cover 80% of the cost of one **reader** every 36 months. Plus 80% of the cost of **sensors** up to a maximum of \$2,000 per calendar year. Eligibility requirement: Insulin use.
- **Continuous Glucose Monitoring:** The plan will cover 80% of the cost of one **reader** every 60 months. Plus 80% of the cost of **sensors and transmitters** up to a combined maximum of \$3,000 per calendar year. Eligibility requirement: Type 1 diabetes.



Health rate updates

The following monthly premiums for Health plan members are effective **September 1, 2021**.

Single:	\$63.00 (\$2.45 increase)
Family:	\$126.00 (\$4.90 increase)

IMPORTANT: Have you sent us your email address?

Another friendly reminder that all communication regarding your Health benefits is provided via email only. **If you haven't done so already**, please send us the email address you wish to use to receive plan and rate updates and other relevant benefits information.

Here's how to send us your email address:

Step 1: Visit www.mpsebp.ca, click on **Retirees**

Step 2: Follow the instructions to provide your email address



If you have questions, please contact Glen Anderson (Trustee and Secretary Treasurer of the Manitoba Public School Employees Benefits Trust) at ganderson@mbteach.org or 204-831-3052.

Don't have access to email?

Please send a letter to the following address, confirming that you do not have access to email, in order to continue to receive your benefits information via mail:

**Isangel Rodriguez, Mercer
One Lombard Place, Suite 1410
Winnipeg, Manitoba
R3B 0X5**

Online Benefit Resources

Blue Cross Plan Member Site

- ▶ Manage your coverage, submit claims online, set up direct deposit reimbursement, access your ID card
- ▶ All claims should be submitted through the member site (paper claims are still acceptable)

www.mb.bluecross.ca

Manage your coverage on the go with the **mybluecross® mobile app**

Express Scripts Canada (ESC) Pharmacy®

- ▶ Enroll in home delivery of long-term maintenance drugs for chronic conditions
- ▶ Receive 10% additional reimbursement* when you use this service for eligible prescriptions

<https://pharmacy.express-scripts.ca/manitoba-public-school-employees>

Manage maintenance drug prescriptions; schedule automatic refills

**The additional 10% reimbursement also applies if you fill your eligible prescriptions at Costco. You do not have to be a Costco member to have your prescriptions filled at that pharmacy.*