



YOUR BENEFIT NEWS

Swan Valley School Division – Bus Drivers

SEPTEMBER 2021

We are pleased to remind you that your health insurance plan is there to support the health and wellbeing of you and your loved ones. Each year, your benefits are reviewed to ensure they continue to provide value at a competitive cost. This newsletter explains what’s changing and what it means for you.

For full details on coverage, visit www.mpsebp.ca.

NEW FOR 2022: GLUCOSE MONITORING

Effective January 1, 2022, Health plan coverage will be expanded to cover two types of glucose monitoring systems.

- Flash Glucose Monitoring:** The plan will cover 80% of the cost of one **reader** every 36 months.
 Plus 80% of the cost of **sensors** up to a maximum of \$2,000 per calendar year.
 Eligibility requirement: Insulin use.
- Continuous Glucose Monitoring:** The plan will cover 80% of the cost of one **reader** every 60 months.
 Plus 80% of the cost of **sensors and transmitters** up to a combined maximum of \$3,000 per calendar year.
 Eligibility requirement: Type 1 diabetes.

SURVIVOR BENEFIT

Effective September 1, 2021, your eligible dependents can continue their current Health and Dental coverage for up to 24 months, with premium, in the event of your death.

Your dependents will be contacted to complete the necessary forms if they wish to take advantage of survivor benefits.



Health rate updates

The following premiums for Health plan members (cost-shared with your employer) are effective **September 1, 2021**.

	Under age 65	Age 65+
	12-month payroll	12-month payroll
Single:	\$54.60 (\$2.50 increase)	\$51.95 (\$2.50 increase)
Family:	\$109.15 (\$5.00 increase)	\$103.85 (\$5.00 increase)



Online Benefit Resources

Manitoba Public School Employees (MPSE) Benefit Plans Website

This website is a useful resource for all plan members. On it you'll find:

- ▶ Coverage summaries, retiree information, life insurance rate calculator, annual paramedical maximums, newsletters
- ▶ Links to the **Blue Cross Plan Member Site** and the **Express Scripts Canada Pharmacy[®]** website (*details below*)

www.mpsebp.ca

Access Health and Dental plan summaries, sorted by school division, as well as Life and Accident Insurance information

Blue Cross Plan Member Site

- ▶ Manage your coverage, submit claims online, set up direct deposit reimbursement, access your ID card
- ▶ All claims should be submitted through the member site (paper claims are still acceptable)

www.mb.bluecross.ca

Manage your coverage on the go with the **mybluecross[®] mobile app**

Express Scripts Canada (ESC) Pharmacy[®]

- ▶ Enroll in home delivery of long-term maintenance drugs for chronic conditions
- ▶ Receive 10% additional reimbursement* when you use this service for eligible prescriptions

www.express-scripts.ca/mpse

Manage maintenance drug prescriptions; schedule automatic refills

**The additional 10% reimbursement also applies if you fill your eligible prescriptions at Costco. You do not have to be a Costco member to have your prescriptions filled at that pharmacy.*

If you have questions, please contact Glen Anderson (Trustee and Secretary Treasurer of the MPSE Benefits Trust) at ganderson@mbteach.org or 204-831-3052.